



Muralidhar Girls' College

P-411/14, GARIAHAT ROAD, BALLYGUNGE, KOLKATA - 700 029
(NAAC ACCREDITED - B+ +)

Ref. No.....

Date.....

MEMORANDUM OF UNDERSTANDING

BETWEEN

MURALIDHAR GIRLS' COLLEGE

P-411/14, Gariahat Road, Ballygunge, Kolkata – 700029.

AND

TURNING POINT MENTAL REHABILITATION CENTRE

9/29, Jadavpur Central Rd., Kolkata –700032

Muralidhar Girls' College, P-411/14, Gariahat Road, Kolkata – 29 and Turning Point Rehabilitation Centre, 9/29, Jadavpur Central Rd., Kolkata –32, hereby agree to become partner Institutions for a period of 5 years to organise psychological counselling sessions/ mental health related awareness programmes by trained and experienced professionals of Turning Point Rehabilitation Centre for the students of Muralidhar Girls' College.

Objective of the MOU

- 1) To provide psychological counselling sessions/ mental health related awareness programmes by trained and experienced professionals of Turning Point Rehabilitation Centre for the students of Muralidhar Girls' College free of charge.
- 2) To conduct social projects involving the mentally disabled, through collaborative efforts of Turning Point Rehabilitation Centre and the students of Muralidhar Girls' College.

Areas of Collaboration

- 1) To conduct psychological counselling sessions/ mental health related awareness programmes in the college premises.
- 2) Delivering lectures through virtual/ physical platforms.
- 3) To collaborate on social extensions projects for the benefit of the society.

The Institutions reserve the right to review the development and include more programmes for mutual benefit.

Kinjalkini Biswas
8.8.19

Principal

Muralidhar Girls' College

P-411/14, Gariahat Road

Kolkata – 700029

DR. KINJALKINI BISWAS
Principal
Muralidhar Girls' College
Kolkata - 700029

Ishita Sanjay

Director

Director Turning Point

Turning Point Rehabilitation Centre

9/29 Jadavpur Central Road

Kolkata – 700032



Muralidhar Girls' College

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Ph Office 2454 1312
Principal 2454 4373

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LIST OF ACTIVITIES UNDERTAKEN UNDER MOU WITH MURALIDHAR GIRLS' COLLEGE AND TURNING POINT REHABILITATION CENTRE

19TH NOVEMBER 2021 WORSHOP ON EMOTIONAL DISTRESS MANAGEMENT CAUSED BY COVID 19

Continued emotional distress caused by Covid 19 creates an urgent need for workshops on emotional support. Turning point in collaboration with Global Play Brigade, USA was providing an opportunity to connect, grow and create lives together during the normal phase of life. Turning Point, and GPB have initiated an international movement utilizing play, improvisation, storytelling, poetry, music, movement, supportive discussions to transform how we live together. A workshop on Emotion distress management caused by Covid 19 was held.

Students registered themselves in the link provided in the following website
<https://www.eventbrite.com/e/177355724747>

14 NSS volunteers and students joined the workshop. A followup session was also conducted on the same theme **on 4th DECEMBER 2021.**

Link for registration –

<https://forms.gle/ffyqF2d6xwypMu118>

The NOV 19TH session was led by Ishita Sanyal, Director of Turning Point, Jennifer Bullock, Coordinator of Emotional Support Sessions Anirban Bhadra, Coordinator Turning Point, Jefferey Aron, Coordinating Committee

26TH FEBRUARY 2022- DANCE THERAPY

On 26 February 2022 in collaboration with Turning Point and Global Point Brigade an online event was organised where students could show their talent in singing dancing and playing musical instruments. 6 volunteers joined the programme

Link Address-

<https://www.eventbrite.com/e/open-the-door-talent-show-a-gpb-turning-pointevent-tickets-258958932137>

Ishita Sanyal
Director
Turning Point

Kinjalkini Biswas

DR. KINJALKINI BISWAS
Principal
Muralidhar Girls' College
Kolkata - 700029