

## **SEMINAR REPORT**

**State Level Seminar on “Srimadbhagavadgita: Self-Realization through Self-Management” has been organized by IQAC and Dept. of Sanskrit of Muralidhar Girls’ College in collaboration with New Alipore College on 3<sup>rd</sup> of August, 2023.**

### **Speaker:**

**Sri. Vivek Karmakar, Assistant Professor, Scottish Church College, Kolkata.**

### **Attendees:**

- Principal of Muralidhar Girls’ College,
- IQAC coordinator of Muralidhar Girls’ College,
- Faculties of Sanskrit Department from New Alipore College & Basanti Devi College, Women Christian College and other colleges,
- Students from Sanskrit Department of New Alipore College & Women Christian College, Basanti Devi College, Deshbandhu College for Girls’, Surendranath College and others
- Students from Sanskrit department & also from others Arts Stream of Muralidhar Girls’ College.

### **Topic of the Seminar:**

**“Srimadbhagavadgita: Self-Realization through Self-Management”**

**(श्रीमद्भगवद्गीता : आत्मबोधेनात्मव्यवस्थापनम्)**

### **Summary:**

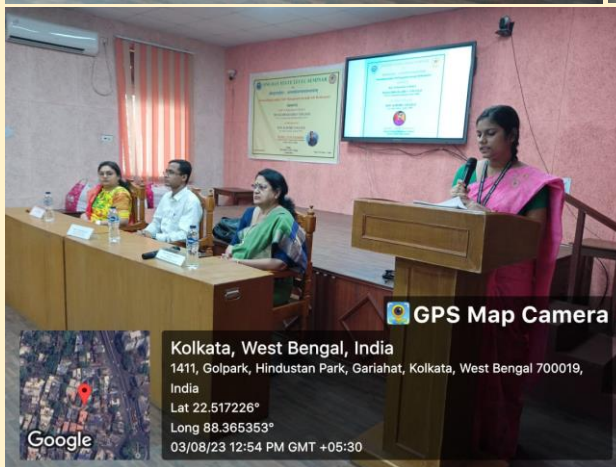
- The program was conducted at the Auditorium (Room 26) of Muralidhar Girls’ College and hosted by Dr. Krishna Dutta (Associate Professor), Dr. Sampriiti Biswas (Assistant Professor) and Smt. Minakshi Lahiri (Assistant Professor), Dept. of Sanskrit, Muralidhar Girls’ College.
- The Programme started with welcome address by Sri. Pralay Mandal (Head of the Dept), Assistant Professor, Dept. of Sanskrit, Muralidhar Girls’ College.
- The inaugural session started on around 12:45 pm through the felicitation of the guests by our students of Sanskrit department.  
Dr. Kinjalkini Biswas, Principal, Muralidhar Girls’ College.  
Dr. Suvasree Dutta (Dasgupta), IQAC coordinator, Muralidhar Girls’ College.  
Sri. Vivek Karmakar (Speaker), Assistant Professor, Department of Sanskrit, Scottish Church College.
- Respected Principal and IQAC coordinator of Muralidhar Girls’ College had delivered short speech mentioning the importance of studying Sanskrit and possible applications.

- Then the speaker Sri. Vivek Karmakar started his talk and very soon the topic touched the heart of the audience. His topic is “Self-Realization through Self-Management”. The main object of his topic is to self-control. Mentioning the significant notes from ancient scriptures the speaker tried to make this cumbersome perceptible to everyone.
- The talk was completed through the interactive session between the attendees & the speaker.
- Finally, Dr. Sampriti Biswas, Department of Sanskrit of Muralidhar Girls’ College had delivered vote of thanks.

### Image of the Seminar:







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