



Ph. Office : 2464-1312
Principal : 2464-4371

Muralidhar Girls' College

P-411/14, GARIAHAT ROAD, BALLYGUNGE, KOLKATA - 700 029
(NAAC ACCREDITED - B+ +)

Ref. No.....

Date.....

MURALIDHAR GIRLS' COLLEGE NSS ACTIVITIES UNDERTAKEN IN 2020 & 2021 UNIT 1 & 2

Name of the activity	Organising unit	Name of scheme	Year of activity	Number of students participation
Covid pandemic Helpline	Unit 1&2, MGC	Regular NSS activities	2020	13
Quiz - World Youth Day	Unit 1&2, MGC	Regular NSS activities	12 th August, 2020	28
Webinar on Health Issues During Covid Pandemic	Unit 1&2, MGC	Regular NSS activities	14 th August, 2020	200 approx (faculty & students)
Distribution of masks and sanitizers	Unit 1&2, MGC	Regular NSS activities	September 2020	07 (Principal, faculty & office staff)
Workshop on Emotional Distress Management Caused by Covid-19	Unit 1&2, MGC	Regular NSS activities	19 th November 2021	14

Kingalini Biswas

Principal
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2020

The NSS units of Muralidhar Girls' College and the Bengali Department have taken the initiative to start Covid pandemic Helpline. The objective of this service is to assist people in need with relevant information regarding oxygen cylinders, hospital transfer, teleconsultation of doctor, home care services like food medicine etc. The students are guided by the concerned teachers beforehand so that they can provide these services successfully. The contact number of NSS volunteers and students of Bengali department are provided so that they may be contacted by covid patients and their family members.



MGC COVID HELP LINE

NSS UNITS

&

DEPARTMENT OF BENGALI

OF

MURALIDHAR GIRLS' COLLEGE



NSS VOLUNTEERS AND STUDENTS OF THE INSTITUTE INITIATES "MGC COVID HELPLINE" IN THIS PANDEMIC SITUATION.

IN CASE OF EMERGENCY WE ARE TRYING TO ASSIST PEOPLE IN NEED WITH UPDATED INFORMATION

REGARDING - * OXYGEN CYLINDERS

* HOSPITAL TRANSFER

* TELE CONSULTATION OF DOCTOR

* HOME CARE SERVICES LIKE FOOD, MEDICINES ETC.

PLEASE FOLLOW SOME SIMPLE PRECAUTIONS:-

WEAR A MASK, MAINTAIN SOCIAL DISTANCE, SANITIZE

YOUR HANDS AND BELONGINGS AT REGULAR INTERVALS,

KEEP YOUR ROOMS WELL VENTILATED AND

STAY HOME STAY SAFE.

PLEASE DO IT ALL

PLEASE FEEL FREE TO CALL OR WHATSAPP IN

THE FOLLOWING NUMBERS:-

- | | |
|-------------------------------------|---------------------------------|
| 1. ANIKETA GHOSH-6290623757 | 2. SHOHINI BANERJEE-9748823450 |
| 3. LINA META 9330652413 | 4. SHREYA DAS-6290484353 |
| 5. CINTHA MARIK-8334063796 | 6. USHA PRIMA TUNG-7044216905 |
| 7. DEBDATTA GHOSHAL-9134100543 | 8. MOULI MITRA-8927780251 |
| 9. SHAYANI BAR-6291629741 | 10. PINTI DAS-9330576525 |
| 11. DENJANI TRIPATHI-8240086068 | 12. PRITILATA MONDAL-8017199674 |
| 13. JAYANTIROY CHOWDHURY-7044007574 | |

Kripalini Bhowmik

Principal
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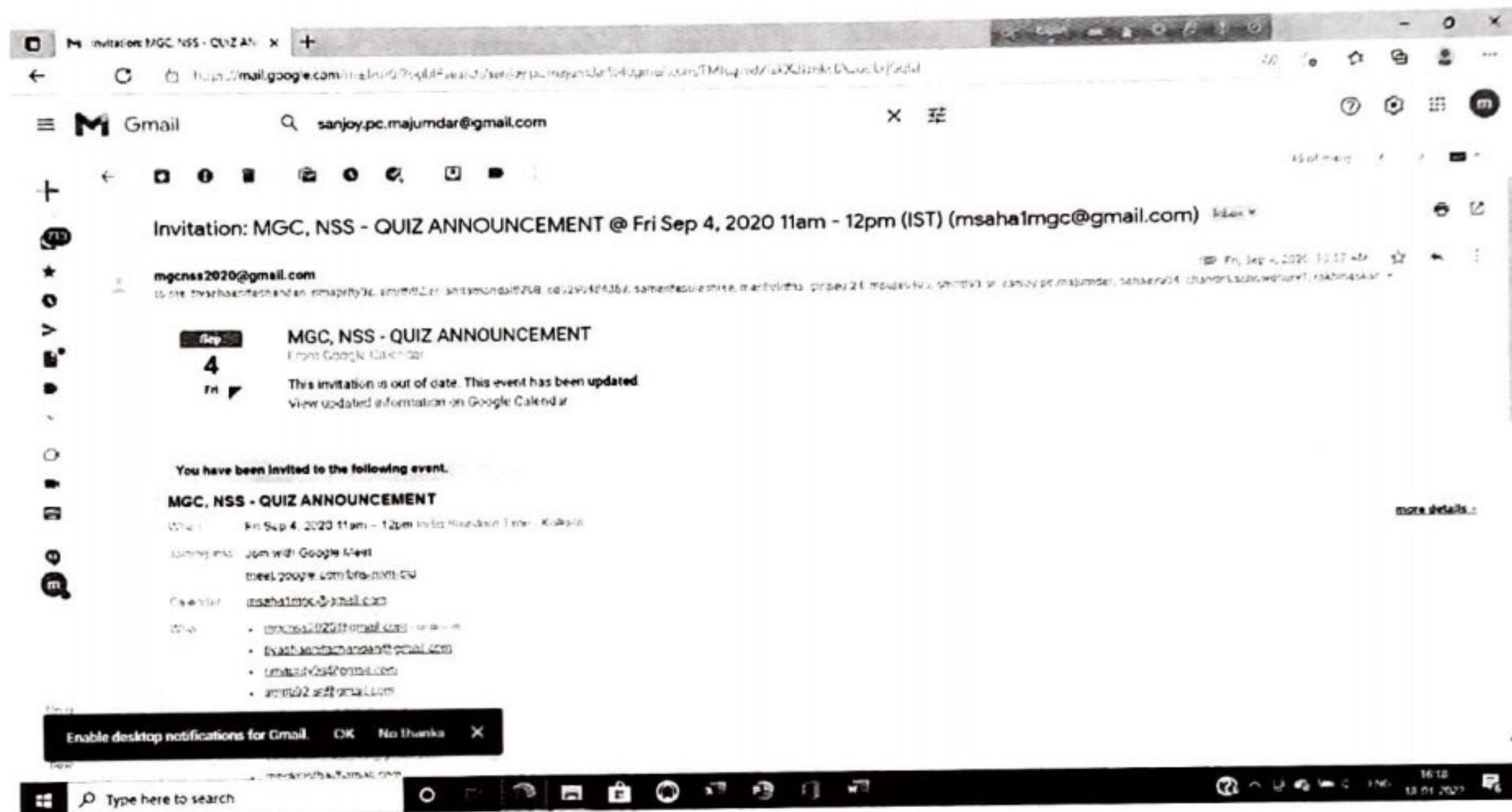
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12th August, 2020 World Youth Day

NSS units of Muralidhar girls College has organised an online quiz competition on account of world youth Day on 12th August, 2020. It is almost 6 months that we are dealing with covid 19 pandemic situation. Print media, electronic media and social media are flooded with new information in form of video, audio, posters etc. It is difficult for the students to select the authentic one. In this perspective this quiz is organised to make our students understand the real scenario of covid-19 pandemic. Result of the quiz was declared on 4th September in presence of the Principal and NSS Committee members. 28NSS Volunteers and other students of the college participated in the quiz competition.

Google form link for the quiz : <https://forms.gle/FcbWJz8GynxriB3B6>



Kripalika Biswas
Principal
Muralidhar Girls' College



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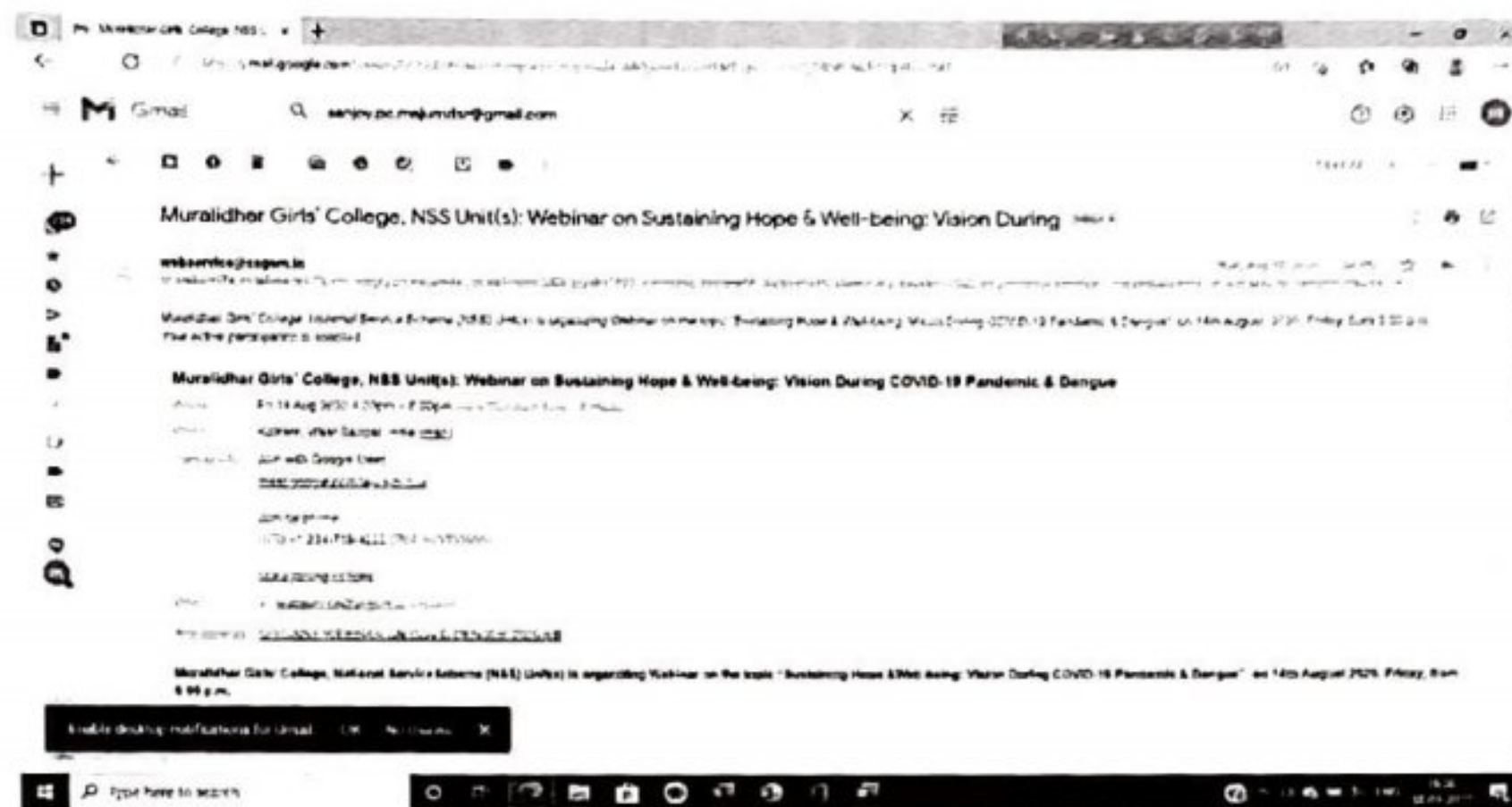
14TH AUGUST 2020: WEBINAR ON HEALTH ISSUES DURING COVID PANDEMIC

Webinar on "Sustaining Hope & Well-being: Vision During COVID-19 Pandemic & Dengue" was organised by NSS Unit(s) of Muralidhar Girls' College to be held on 14th August 2020 at 6:00 PM onwards has been accepted for participation. Almost 60 faculties joined and actively participated via google meet and you tube live streaming was also done to accommodate huge number of student and parents' participation. More than 150 participants joined you tube live.

YouTube




Streaming Link: https://www.youtube.com/watch?v=MuR_PiLyyyg&feature=youtu.be

Google form link for the feedback form for the webinar to get your participation certificate. Feedback Link - <https://forms.gle/8z6ECh6vYz9nbZ7w6>



MURALIDHAR GIRLS' COLLEGE
NAAC B++

NSS Unit(s) Present
Webinar on -
"Sustaining Hope & Well-being: Vision During COVID-19 Pandemic & Dengue"
Date: 14th August 2020 (Friday) / Time: 6 p.m.

 Chief Patron: Dr. Kinjalini Biswas Principal Muralidhar Girls' College	 Speaker: Dr. Chandramouli Bhattacharya M.D. (Tropical Medicine) MRCP (Ireland) Consultant in Tropical & General Medicine with Infectious Diseases. Presently working as Consultant in Adult Covid Team, Peerless Hospital, Kolkata.	 Speaker: Dr. Dibyendu Raychaudhuri M.B.S., D.C.H., M.D. Paediatrics Asst. Prof. Dept. of Paediatrics, Deputy Director P.C.O.E., HIV Care Medical College, Kolkata Executive Committee Member WB Academy of Paediatrics.
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Registration Link: <https://forms.gle/8z6ECh6vYz9nbZ7w6>
Feedback Link -
(will be activated after official completion of the Webinar)
<https://forms.gle/8z6ECh6vYz9nbZ7w6>
YouTube Streaming Link:
https://www.youtube.com/watch?v=MuR_PiLyyyg&feature=youtu.be

Organising Committee: NSS Unit Officers-
Dr. Minati Saha,
Asst. Prof. Education Dept.
Dr. Sampriti Biswas
Asst. Prof. Sanskrit Dept.
Technical Support: College ICT Cell.

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Distribution of masks and sanitizers by NSS units (September 2020)

To control the spread of COVID-19, wearing masks is important. Protective masks are said to lower the chances of coronavirus entering our respiratory system through droplets that are present in the air. Wearing of masks is especially recommended for people living in densely populated areas. Another important precautionary measure in Covid pandemic is frequent Washing of hands with plain soap and water for at least 20 seconds. If soap and water are not available, it is highly recommended to use an alcohol-based hand sanitizer that contains at least 60 percent alcohol. Police/security personnel are in continuous exposure and close contact with public, who could be potentially infective to others. Therefore, the NSS units of the college has organised face Shields, masks and sanitizers distribution programme for the officers of local police station for their own use as well as distribution in the community September 2020.



Muralidhar Girls' College National Service Scheme Wing " An Initiative to fight against Covid-19"

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NOVEMBER 19TH 2021: WORKSHOP ON EMOTIONAL DISTRESS MANAGEMENT CAUSED BY COVID 19

Continued emotional distress caused by Covid 19 creates an urgent need for workshops on emotional support. Turning Point, in collaboration with Global Play Brigade (GPB), USA is providing a unique opportunity to connect, grow & create lives together during the new normal phase of life. Global Play Brigade (www.globalplaybrigade.org) at present is working with 64 countries with the mission to spread a sense of wellbeing across each community. Turning Point, a centre for growth & development and GPB, have initiated an international movement utilizing play, improvisation, storytelling, poetry, music, movement, supportive discussions to transform how we live together by welcoming inclusive, new connections and conversations. 14 NSS Volunteers and students joined the workshop and actively participated in the programme.

Students registered themselves in the link provided in the following website
<https://www.eventbrite.com/e/177355724747>

The November 19th session will be led by Ishita Sanyal, Director of Turning Point Jennifer Bullock, Coordinator of Emotional Support Sessions, GPB Anirban Bhadra, Coordinator, Turning Point Jeffrey Aron, Coordinating Committee, GPB

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