

NSS Activities (2018-19)

Programme details

On 12.08.2018 on account of International Youth Day a rally was organised, it started from Jadavpur University and covered nearby areas like 8B and Jadavpur Police station then returned to the starting point. This rally was followed by an awareness lecture Gandhi Bhavan, where issues like - history of blood donation, present scenario, responsibilities for the youth were discussed.

On 17.08.2018 seminar on use of first aid in daily life organised in collaboration with the Himalayan, titled - "Life the art of living".

On 12.09.2018 Procter and Gamble organised a program on women health and hygiene and grooming. An effective lecture session was organised where students were made aware of different problems that arise during menstrual cycles. Simple techniques for successful handling of these problems in this period were shared.

On 24.09.2018 'NSS Day Golden Jubilee Celebration' was observed in college. An intra-college debate was organised, titled 'NSS to be made mandatory in Higher Educational Institution'.

On 25.09.2018 Sun Pharma in collaboration with the NSS units of the college organised and awareness programme on PCOS. Professor Sudhir Mohan Bhattacharya and Doctor Deepika Roy, both practicing in in KPC hospital delivered lecture highlighting the causes of ovarian cyst. They also pointed out that this issue is increasing at an alarming rate. Dr Lipika Dey dietitian of KPC hospital was also present and she focused how diet is related with ovarian cyst and similar problems.

On 3rd and 4th October Medica super speciality hospital conducted health awareness programme. Students teachers and other community members like slum dwellers and people staying under bijon setu, came for health checkup in the college.

On 06.10.18 and 09.10.18 Swayam, NGO organised Gender equality workshop in the college.

On 8 March, 2019 on an account of international women's Day Shrimati Mala Dasgupta, women Entrepreneur, delivered an inspiring lecture for NSS volunteers. This was followed by muso-drama. Eminent personalities like Shrimati Sutapa Bandopadhyay, Smt. Moumita Mukherjee and Shrimati Madhumita Basu were present conducted the program.

Beneficiaries

Program officer of unit 1 and 2 that is Dr. Minati Saha and Dr. Sampriiti Biswas attended both the rally and lecture.

NSS volunteers program officers and professors of different departments of the college attended the program.

The target group was not only the NSS volunteers therefore along with hundred NSS volunteers many college students attended this program.

Students volunteers of the college for and against the motion.

Almost hundred students attended the program.

NSS volunteers helped the older people to come in the college for health checkup and they were again left to there own places after health checkup.

25 to 30 students attended the program.

NSS volunteers

On 8th April, 2019 Mr Litan Bhowmick, renowned author, motivational speaker, and corporate and personal development trainer conducted a training programme for the students of Muralidhar Girls' College on Effective Communication, Conversation and How to Face Interview. The programme was organised by the NSS units of the college in collaboration with Society on Intervention and Research on Civilisation --disease (SIRC).

NSS vounteers and 50 students

On 26th April, 2019, with the aim to plan and prepare for an Adult Literary Mission to be launched shortly by the NSS units of Muralidhar Girls' College. Renowned social worker and retired professor of English, Smt Bela Bose, was invited to guide the staff and students of the college on the organisational and pedagogic process of the intended project.

The members of the NSS committee and NSS volunteers.