

# **A Report on the Activities of NSS Units of Muralidhar Girls' College (2017-18)**

**Dr. Minati Saha**

*Programme Officer of NSS Unit I*

&

**Smt. Chhanda Mandal (till June 2017)**

**Dr. Sampri Biswas (since July 2017)**

*Programme Officer of NSS Unit II*

Any community cannot progress without the development of every individual in the society. National Service Scheme, popularly known as NSS, has been envisaged to inculcate the social welfare thoughts among the students and to provide service to the society without any bias. The youth of any country are a vital resource of the nation, beaming with energy. However, energy without a proper direction has often proved to be disastrous; and therefore, NSS with the principle of 'Education through Community Service' is formed. It establishes the combination of energy and enthusiasm of the student youth with a guided direction for the betterment of both the students as well as the community. NSS was introduced on 24<sup>th</sup> September, 1969, by Dr. VKRV Rao, the then Union Education Minister, in 37 universities to imbibe the spirit of serving the society at large. In 1973, Calcutta University introduced NSS in its different colleges.

NSS activities are multipurpose as well as multidimensional in nature. While the community gains from the services of the volunteers; the volunteers also learn a lot from the community. They are exposed to people from different culture and socio-economic backgrounds and develop an insight into the problems of people. Their interaction with the common people will expose them to the realities of life and bring about a change in the social perception, with a view to personality development of the students through community service. Thus, NSS holds a significant part in the process of formation of future generation of the country through various constructive programmes. The major National Level projects undertaken by NSS are AIDS awareness, afforestation, blood donation camps, cleanliness of our environment, disaster management etc. It is the social responsibility for every educated individual to create a healthy surrounding and congenial environment for all other person's development, living in the vicinity.

The first NSS unit of our college started functioning from April, 2003 under the able guidance of our first Programme Officer, Dr. Malyasri Bhattacharya who set up the first unit of this college. The second NSS unit of this college is sanctioned in 2015 which is another feather in the cap of the NSS family of this college.

The activities undertaken by the two units of our college during the year 2017-18 are given here under:

- New volunteers from 1<sup>st</sup> year Class were selected. An initiation workshop was arranged where new student volunteers filled up their forms. The student volunteers were divided into groups and a group leader was selected from each group.
- West Bengal State NSS Award 2014-15 held at Ram Krishna Mission, Golpark on 26.04.17. Every year NSS volunteers and programme officers are awarded for best performance. Programme officers along with student volunteers attended the programme.
- World Environment Day was celebrated on 5<sup>th</sup> June, 2017 at Calcutta Rowing Club; the programme was organized by University of Calcutta. 5 student volunteers participated in the programme.
- International Yoga Day was observed by University of Calcutta at Calcutta Rowing Club on 21st June, 2017. Programme officers and 8 volunteers attended the programme.
- On 08.08.17 NSS volunteers distributed sweets among slum children on the occasion of Rakhi.
- On 12.08.17, International Youth Day was observed in the college. A Seminar on 'International Youth Day 2017' was organized which was dedicated to celebrate our student's contribution to our surrounding community in order to conflict prevention and transformation as well as inclusion, social justice, and sustainable peace. Smt. Piyali Das, Assistant Director (Youth Affairs) West Bengal State AIDS Prevention & Control Society; Department of Health and Family Welfare Government of West Bengal, was invited to conduct an interactive session on Role of Students in NSS.
- On 15.08.17 Independence Day was observed by NSS volunteers along with all students of the college.
- Centre for Contemporary Communication undertook Plantation programme in the small garden in front of our college gate. This small garden is maintained by the college itself.
- Poster campaign on Environmental Awareness on 11.09.17 by NSS volunteers under the supervision of Programme officers.
- On 07.11.17, 5 NSS volunteers joined a rally on National Cancer Awareness in collaboration with 'Hitaishini' a NGO.
- On 14.11.17, 22 student volunteers went to the slum school, interacted with them and celebrated Children's Day. Drawing, Dancing, Reciting- were some of the activities undertaken on that day.
- On the same day World Diabetic Day was observed in the college by Medica Super Specialty Hospital. A power point presentation titled "Diabetes Awareness and You" followed by an interactive session was organized. Random blood sugar screening was done by students, teachers and office staff. Altogether 95 samples were tested.

- On 25.11.17 an Environmental Awareness programme was conducted by Centre for Contemporary Communication. An interactive session was organized, highlighting different environmental issues. The students were informed about the 'Do's and Don'ts' for maintaining a healthy environment.
- On 06.12.17 at 8 a.m in the morning 32 NSS volunteers and the Programme officers joined the "Prabhat Feri" on the occasion of Platinum Jubilee Celebration of All India Boxing Championship.
- On 18.12.17, 2 Programme officers, 1 teaching faculty and few NSS volunteers visited East Kolkata Wetlands. The objective was to understand the impact of wetlands on life and living in Kolkata. The visit was organized by Centre for Contemporary Communication.
- On 09.02.18, 6 NSS volunteers visited the slum school to assist the teachers of the slum school in their regular curricular transaction. Some co-curricular activities like singing, recitation and dancing was also undertaken on the same day. The slum children were given chocolates.

**NSS SPECIAL CAMP 2018**  
**22<sup>nd</sup> February to 28<sup>th</sup> February, 2018**  
 (100 STUDENTS JOINED THE SPECIAL CAMP)

<b>DATE</b>	<b>FIRST HALF</b>	<b>SECOND HALF</b>
<b>22.02.18</b>	Smt. Piyali Das, Asstistant Director (Youth Affairs) WBSAP & CS Topic: 'Awareness regarding HIV-AIDS'  Smt. Mitua Sen, Chair-person Al-Anon Information Service Topic: 'Alcoholism & it's Effects'	Slum Visit  Smt. Arundhati Das, Faculty, The Art of Living.
<b>23.02.18</b>	Turning point- Workshop on Art Jewellery making.	P&G (Proctar & Gamble): 'Reward Me' grooming program
<b>24.02.18</b>	Sri S. K. Das, Joint Director (MSME) Topic: Various Training Courses conducted by MSME.	ABACUS- Career Opportunity
<b>25.02.18</b>	Poster Making- 'Stop using Plastic Bags'.	Clothes Distribution to the underprivileged.
<b>26.02.18</b>	Slum School Visit.	YUVA- Gender Sensitization.

<b>27.02.18</b>	Slum School Visit.	Dr. Suparna Chakraborty- General Health issues.
<b>28.02.18</b>	Photography & Poster Competition	Anti-smoking Awareness Programme. Collector of Excise, Kolkata-south.  <b>Closing of NSS Special Camp- Chief Guest- Shri Sobhandeb Chattopadhyay: President Governing Body.</b>

NSS Units of Muralidhar Girls' College, under able leadership of Dr. Minati Saha, Programme Officer of Unit 1, Prof. Chhanda Mandal & Dr. Sampriti Biswas Programme Officer of Unit 2, are committed to social commitments along with core academic activities. We hope that the NSS units of our college move forward in its path of social service with the continued enthusiasm of our student volunteers and the Program Officers. With continuous encouragement of our Principal and active participation of all the faculties and staffs, NSS units will be able to shoulder higher responsibility in extending services to the society and shape better individuals traversing the walk of life.

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## **NATIONAL SERVICE SCHEME (NSS)**



### **A Report on the Activities of the NSS Unit-I of the College (2017-18)**

**Dr. Minati Saha**

Programme Officer

NSS Unit-I

Muralidhar Girls' College

Any community cannot progress without the development of every individual in the society. National Service Scheme, popularly known as NSS, has been envisaged to inculcate the social welfare thoughts among the students and to provide service to the society without any bias. The youth of any country are a vital resource of the nation, beaming with energy. However, energy without a proper direction has often proved to be disastrous; and therefore, NSS with the principle of 'Education through Community Service' is formed. It establishes the combination of energy and enthusiasm of the student youth with a guided direction for the betterment of both the students as well as the community. NSS was introduced on 24<sup>th</sup> September, 1969, by Dr. VKRV Rao, the then Union Education Minister, in 37 universities to imbibe the spirit of serving the society at large. In 1973, Calcutta University introduced NSS in its different colleges.

NSS activities are multipurpose as well as multidimensional in nature. While the community gains from the services of the volunteers; the volunteers also learn a lot from the community. They are exposed to people from different culture and socio-economic backgrounds and develop an insight into the problems of people. Their interaction with the common people will expose them to the realities of life and bring about a change in the social perception, with a view to personality development of the students through community service. Thus, NSS holds a significant part in the process of formation of future generation of the country through various constructive programmes. The major National Level projects undertaken by NSS are AIDS awareness, afforestation, blood donation camps, cleanliness of our environment, disaster management etc. It is the social responsibility for every educated individual to create a

healthy surrounding and congenial environment for all other person's development, living in the vicinity.

The first NSS unit of our college started functioning from April, 2003 under the able guidance of our first Programme Officer, Dr. Malyasri Bhattacharya who set up the first unit of this college. The second NSS unit of this college is sanctioned in 2015 which is another feather in the cap of the NSS family of this college.

The activities undertaken by the unit-I of our college during the year 2017-18 are given here under:

**A. Activities undertaken inside the College Campus:**

- New volunteers from 1<sup>st</sup> year Class were selected. An initiation workshop was arranged where new student volunteers filled up their forms. The student volunteers were divided into groups and a group leader was selected from each group.
- West Bengal State NSS Award 2014-15 held at Ram Krishna Mission, Golpark on 26.04.17. Every year NSS volunteers and programme officers are awarded for best performance. Programme officer along with student volunteers attended the programme.
- World Environment Day was celebrated on 5<sup>th</sup> June, 2017 at Calcutta Rowing Club; the programme was organized by University of Calcutta. 5 student volunteers participated in the programme.
- International Yoga Day was observed by University of Calcutta at Calcutta Rowing Club on 21st June, 2017. Programme officers and 8 volunteers attended the programme.
- On 08.08.17 NSS volunteers distributed sweets among slum children on Rakhi.
- On 12.08.17, International Youth Day was observed in the college. A Seminar on 'International Youth Day 2017' was organized which was dedicated to celebrate our student's contribution to our surrounding community to conflict prevention and transformation as well as inclusion, social justice, and sustainable peace. Smt. Piyali Das, Assistant Director (Youth Affairs) West Bengal State AIDS Prevention & Control Society; Department of Health and Family Welfare Government of West

Bengal, was invited to conduct an interactive session on Role of Students in NSS.

- On 15.08.17 Independence Day was observed by NSS volunteers along with all students of the college.
- Centre for Contemporary Communication undertook Plantation programme in the small garden in front of our college gate. This small garden is maintained by the college itself.
- Poster campaign on Environmental Awareness on 11.09.17 by NSS volunteers under the supervision of Programme officer.
- On 07.11.17, 5 NSS volunteers joined a rally on National Cancer Awareness in collaboration with 'Hitaishini' a NGO.
- On 14.11.17, 22 student volunteers went to the slum school, interacted with them and celebrated Children's Day. Drawing, Dancing, Reciting- were some of the activities undertaken on that day.
- On the same day World Diabetic Day was observed in the college by Medica Super Specialty Hospital. A power point presentation titled "Diabetes Awareness and You" followed by an interactive session was organized. Random blood sugar screening was done by students, teachers and office staff. Altogether 95 samples were tested.
- On 25.11.17 an Environmental Awareness programme was conducted by Centre for Contemporary Communication. An interactive session was organized, highlighting different environmental issues. The students were informed about the 'Do's and Don'ts' for maintaining a healthy environment.
- On 06.12.17 at 8 a.m in the morning 32 NSS volunteers and the Programme officers joined the "Prabhat Feri" on Platinum Jubilee Celebration of All India Boxing Championship.
- On 18.12.17, 2 Programme officers, 1 teaching faculty and few NSS volunteers visited East Kolkata Wetlands. The objective was to understand the impact of wetlands on life and living in Kolkata. The visit was organized by Centre for Contemporary Communication.
- On 09.02.18, 6 NSS volunteers visited the slum school to assist the teachers of the slum school in their regular curricular transaction. Some co-curricular

activities like singing, recitation and dancing was also undertaken on the same day. The slum children were given chocolates.

NSS Unit of Muralidhar Girls' College, under able leadership of Dr. Minati Saha, Programme Officer of unit-I is committed to social commitments along with core academic activities. We hope that the NSS units of our college continues in its path of social service with the continued enthusiasm of our student volunteers and the Programme Officer. With continuous encouragement of our Principal and active participation of all the faculties and staff, NSS units will be able to shoulder higher responsibility in extending services to the society and shape better individuals traversing the walk of life.

THANK YOU FOR YOUR PATIENT READING

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## **NATIONAL SERVICE SCHEME (NSS)**



### **A Report on the Special Camp of the NSS Unit-I of the College (2017-18)**

**Dr. Minati Saha**

Programme Officer

NSS Unit-I

Muralidhar Girls' College

### **Special Camp Programme: 22<sup>nd</sup> February to 28<sup>th</sup> February, 2018**

NSS Special Camp has enough primary objectives to make education more relevant to the present situation. It provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community. The primary objectives of special camp are building up potential youth leaders by exploring the latent potential among the campers, both students as well as local youth, with a view to involve them more intimately in development projects for longer periods. It has a great opportunity to bring them face to face with the community situation.

- **22<sup>nd</sup> February, 2018:** An awareness programme on HIV-AIDS was arranged under the supervision of Smt. Piyali Das, Assistant Director (Youth Affairs) WBSAP & CS. Another programme was arranged on that day on “Alcoholism and its Effects”, conducted by Smt. Mitua Sen, chair-person, Al-Anon Information service. On the 2<sup>nd</sup> half volunteers visited the nearby slum and after that a programme was held on “The Art of Living”, conducted by Smt. Arundhati Das.
- **23<sup>rd</sup> February, 2018:** A workshop was organized for the volunteers on making of Art Jewellery by Turning Point. And after that “Reward Me”, A Grooming programme was also held for the better future of the students by P&G (Procter & Gamble).

- **24<sup>th</sup> February, 2018:** Sri S. K. Das, Joint Director (MSME) has showed the path of the Various Training Courses conducted by MSME to the volunteers for better future. Another programme was held for Career Opportunity by ABACUS.
- **25<sup>th</sup> February, 2018:** Volunteers made posters on the slogan ‘Stop using Plastic Bags’ under the supervision of Programme Officer and went for a campaign to the nearby market area. After that a cloth distribution programme was held to the underprivileged people of the local area.
- **26<sup>th</sup> February, 2018:** On the 1<sup>st</sup> half Volunteers went to the slum school in groups. There volunteers teach the students Math, History etc. Some of the volunteers helps them to make paintings, some teach singing or dancing etc. and on the other half a programme was held on the Gender Sensitization by YUVA.
- **27<sup>th</sup> February, 2018:** On the 1<sup>st</sup> half volunteers again visited the slum school and did their jobs as earlier. And on the 2<sup>nd</sup> half Dr. Suparna Chakraborty gave an enlightened speech on the general health issues.
- **28<sup>th</sup> February, 2018:** A photography and a poster making competition was held among the volunteers under the supervision of the programme officer. And an Anti-Smoking Awareness Programme also arranged, conducted by Collector of Excise, Kolkata-south.

Closing ceremony of 7-day long special camp was celebrated by distribution of prizes for Poster-making competition, and Photography competition. Students organized a cultural programme to end the camp on a happy note.



## **NATIONAL SERVICE SCHEME (NSS)**



### **A Report on the Activities of the NSS Unit-II of the College (2017-18)**

**Dr. Sampriti Biswas**

Programme Officer

NSS Unit-II

Muralidhar Girls' College

National Service Scheme (NSS), help to inculcate the social thoughts of social welfare among the students and help the mentality to serve the society without any biasness. We all know that the youth of the country are the main resource of the nation, beaming with energy. However, energy without a proper direction has often proved to be disastrous; and therefore, NSS with the principle of 'Education through Community Service' is formed. It establishes the combination of energy and enthusiasm of the student youth with a guided direction for the betterment of both the students as well as the community. NSS was introduced on 24<sup>th</sup> September, 1969, by Dr. VKRV Rao, then Union Education Minister, in 37 universities to imbibe the spirit of serving the society at large. In 1973, Calcutta University introduced NSS in its different colleges.

NSS activities have the multidimensional nature. It's a vice versa process because in one hand the community gains from the services of the volunteers; and in the other hand the volunteers also learn a lot from the community. They experienced different people from different culture and socio-economic backgrounds and experience the problems of people of our society. Their interaction with the common people will bring them to the realities of life and bring about a change in the social perception, with a view to personality development of the students through community service. Thus, NSS holds a significant part in the process of formation of future generation of the country through various constructive programmes. The major National Level projects undertaken by NSS are AIDS awareness, afforestation, blood donation camps, cleanliness of our environment, disaster management etc.

In our college, the NSS unit started from April, 2003 under the able guidance of our first Programme Officer, Dr. Malyasri Bhattacharya who set up the first unit of this college. Then it flourished under constant effort by Dr. Anita Chattopadhyay Gupta, our second Programme Officer. During her tenure, the NSS unit has received numerous awards from the University of Calcutta including Best College, Best Programme Officer and Best Student Volunteers. The second NSS unit of this college is sanctioned in 2015 which is another feather in the cap of the NSS family of this college. The activities undertaken by the unit-II of our college during the year 2017-18 are given here under:

**A. Activities undertaken inside the College Campus:**

- New volunteers from 1<sup>st</sup> year Class were selected. An initiation workshop was arranged where new student volunteers filled up their forms. The student volunteers were divided into groups and a group leader was selected from each group.
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## **NATIONAL SERVICE SCHEME (NSS)**



### **A Report on the Special Camp of the NSS Unit-II of the College (2017-18)**

**Dr. Sampriti Biswas**

Programme Officer

NSS Unit-II

Muralidhar Girls' College

### **Special Camp Programme: 22<sup>nd</sup> February to 28<sup>th</sup> February, 2018**

Special Camps are integral part of National Service Scheme. It has an important effect to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community. The primary objectives of special camp are building up potential youth leaders by exploring the latent potential among the campers, both students as well as local youth, with a view to involve them more intimately in development projects for longer periods.

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Closing ceremony of 7-day long special camp was celebrated by distribution of prizes for Poster-making competition, and Photography competition. Students organized a cultural programme to end the camp on a happy note.